

2.1 Community Programs for Carlyle and Area

The Self Esteem Program for girls and their mothers/guardian will provide our community (White Bear, Carlyle, Manor, Arcola and Pheasant Rump) the opportunity to explore how today's media has created a standard of impossible beauty. Participants will learn how to identify this "fake" beauty and to appreciate their own beauty. The goal of this program is to raise beauty self awareness and self esteem. We will be using printed material, DVD presentations, and a photographer to capture true beauty images that will all be used to create an art show for the community. This program is set up to take place on 4 days.

Last year we hosted a Baby Signs class for parents. This was well received and it was found that there is a need to have facilitators for such events trained. To this we will host a Baby Signs Facilitator Training event. This will train people to work with small groups of parents. This has been found to be very helpful when working with children who are developmentally delayed and at risk of being behind when starting school.

The CFY and the Carlyle School will be running the At Home Alone program. This is held on three afterschool times. Grade 5 and 6 children are shown how and when to call 911, take care of minor first aid and discuss safety at home. Visits by the Fire department and fire Truck, RCMP and EMS and ambulance are arranged, if possible.

40 Developmental Assets is a community based program that works on positive principles. By focusing on healthy development in young people, the whole community becomes a part of helping them grow up healthy caring and responsible.

CFY plans to hold events aimed at youth 13-18. The tentative plans are to hold a Twilight Night, run an Amazing Race within the town of Carlyle and host a Movie Day on a No School Day in the spring.

CFY plans to hold a Saturday morning Literacy event over 6 weeks. One program that we are looking at running is called "Diapers to Duct tape" and focuses on the father and child learning bond. We are also looking at other Parent and Child reading programs that could be held with the Carlyle Public Library and/or Elementary School.

In late January plans are underway to take part in the Family Literacy Day event. This will be held with the Carlyle Library Board. The programs this year will focus on the use of song and chant to learn language.

The local library will be switching over to a different system. It is planned to hold drop in and learn how to order books on line. This program will target Seniors.

In the summer, a Community Picnic will be held at the Lions Park. This will be held with the Carlyle Leisure Centre (swimming pool) and the CFY summer student program.

Nutrition Programs are planned with the Parent and Tot program. This program runs 2 times a week and focuses on play and parenting training. A family baking program has also been planned to target new families to Canada and at risk families.